

## **Precision, rhythm and elegance – the hallmarks of a good performance in dressage.**

Sussex, NB – May 28, 2008 – Quiet rhythm and elegance were the watchwords during the first Dressage New Brunswick competition of the season held last week-end at the Princess Louise Park how Centre.

For two full days spectators were treated to demonstrations of dressage at all levels from beginner up to the first FEI (Federation Equestre Internationale) level, Prix St. Georges. There were Junior, Adult Amateur and Open level competitors as well.

Both horse and rider are judged as they execute specific movements in a pattern, not unlike compulsory figures in figure skating. The level of difficulty increases from the entry level 'Walk Trot' class up to the more advanced levels. Judge Lynda Southam was generous in awarding points for well executed movements but equally quick to withhold them for performances that weren't up to par. Nevertheless, her comments to each rider were both encouraging and supportive. Full results for all classes and championship divisions are available on the Dressage New Brunswick website at [www.dressagenb.com](http://www.dressagenb.com)

Coming up next week-end – the mighty draft horses take centre stage.